

(Informational/printing is optional)

## **Answers to Frequently Asked Questions**

As we welcome everyone to Northbrook Preschool, we understand that you may have many questions related to the starting of school and concerns about this new preschool year.

The Parent Handbook is located on line at the preschool website, [www.northbrookumcpreschool.com](http://www.northbrookumcpreschool.com) . If you don't have computer access, a hard copy can be requested at the preschool office. The Parent Handbook will give you more detailed information about our policies and procedures. The following are topics that parents often have questions about. If you have questions that are not answered on this page or in the handbook, be sure to make a note to ask your child's teacher when they call you in August (specific to your child or family) or at your class meeting on Parent Night (things that pertain to the school experience in general)

### **SEPARATION**

The separation and attachment process is a natural part of childhood. Anxiety accompanying separation will not disappear overnight. The teachers and assistants at Northbrook will encourage you, helping you and your child transition to the school setting with a minimum of stress. A detailed information sheet on separation anxiety will be given to parents of 1s & 2s on Parent Night. If your child experiences this as part of the transition, you will need to leave the building quickly after signing your child into the classroom. Usually children calm fairly quickly and your prompt departure is actually less stressful to your child. If your child does not calm within 30 minutes after you leave, we will reach out to you. At the end of four weeks, for children who continue to experience separation anxiety, their status will be evaluated to determine if they are ready to participate in preschool..

### **TOILETING**

The goal of Northbrook Preschool is to meet the needs of each child. Typical toileting development of 3s and 4s assumes that children of this age are no longer in diapers (this includes Pull-Ups). Children in our 3s and Pre-K classes are expected to be independent in the restroom. This means they can recognize the need to go to the restroom, have the social and language skills to inform a teacher, can remove clothing, wipe themselves, and replace clothing following toileting. Practice these self-help skills over the summer! (We understand that there are times the child may need a minimum amount of assistance in toileting and we are there to provide it.) In preparation for preschool, it is advisable to have children use restrooms, outside of your home, helping them become accustomed to using the toilet somewhere else. In addition it would be helpful if other adults besides parents have assisted in toileting so they are not shy about toileting with our teachers and assistants. In the event a young 3s student is in toileting transition, teachers and assistants will work with the child and parents in this area for a period of four weeks as school begins. At the end of four weeks, the current status will be assessed. All children should be dressed in simple "potty accessible" clothing.

### **CHANGE OF CLOTHES**

Spilling and wetting accidents can happen at preschool. Because this is a different environment from home, children sometimes experience a spill or wetting accident. **All** children should have a change of seasonal clothing in their school bags daily (including socks.) Please mark your child's name on all items. (A Sharpie Marker works great!)

### **WELLNESS POLICY**

Children must be free of fever, diarrhea, vomiting, nausea, unexplained rashes, runny noses, excessive coughing, sore throat, headache, chills, ear ache or red eyes for 24 hours, without medication, before attending preschool. This policy is to protect all children, their families and our faculty from illnesses; please be respectful of everyone's desire to stay healthy! Detailed information regarding the wellness policy is listed in the Parent Handbook.